

## LEARNING STYLES CHECKLIST

CLASS: \_\_\_\_\_

Period/Block: \_\_\_\_\_

Lesson Date(s): \_\_\_\_\_

Lesson Subject: \_\_\_\_\_

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\*Circle/highlight any of the methods incorporated during the lesson and file with the lesson plan.

### KINESTHETIC

Breaks every 20 minutes	Flash cards
Allow to make a model	Implement drawing materials
Used computer (when appropriate)	Role playing
Field trip	Use Games
Allow squishy toys during tests	Small group discussions
Allow for color-coding of notes	
Let students come look at a model, graph, or picture	

### AUDITORY

Verbally explain things	Review reading material aloud
Appropriate background music	Allow reading aloud (self-talk)
Read in groups	Read written instructions
Mnemonics	Incorporate videos
Small group discussions	Speech or presentation option
Prepare and read back To Do list for homework	
Allow peer tutoring	Point out visual aids

### VISUAL

Use puzzles or word searches	Use pictures, charts or diagrams
Encourage detailed notes	Incorporate videos
Create quiet surrounding for tests	Allow for color-coding of notes
Encourage mind maps	To Do list for homework
Flash cards	Allow time for retyping notes
Dictionaries for new words	Visual aids, not just lecture
Allow a visual presentation option for projects	

## LEARNING STYLES CHECK LIST RESOURCES

The check list ideas, as well as many others, can be found at the following resource links:

### *Visual*

<http://www.cuyamaca.edu/eops/dsps/resourcesvis.asp>  
<http://www2.yk.psu.edu/learncenter/acskills/visual.html>  
<http://www.dirjournal.com/guides/study-tips-for-visual-learners/>

### *Auditory*

<http://www.cuyamaca.edu/eops/dsps/resourcesaud.asp>  
<http://homeworktips.about.com/od/homeworkhelp/a/learningstyle.htm>  
<http://www.dirjournal.com/guides/study-tips-for-audio-learners/>

### *Kinesthetic*

<http://www.dirjournal.com/guides/study-tips-for-kinesthetic-learners/>  
<http://www.cuyamaca.edu/eops/dsps/resourceskin.asp>  
[http://www.education.com/magazine/article/kinesthetic\\_learner/](http://www.education.com/magazine/article/kinesthetic_learner/)