

## Lesson Plan

**Course Title:** Cosmetology

**Session Title:** Fingerwaving

**Performance Objective:**

Upon completion of this assignment, the student will be able to execute a fingerwave according to guidelines set forth by the Texas Cosmetology Commission.

**Specific Objectives:**

- Student will perform a 4" fingerwave with three complete ridges.
- Student will recognize open and closed ends of a wave.

### Preparation

**TEKS Correlations:**

This lesson, as published, correlates to the following TEKS. Any changes/alterations to the activities may result in the elimination of any or all of the TEKS listed.

- **125.112(c)(1)(C)**  
identify employers' expectations and appropriate work habits;
- **125.112(c)(1)(E)**  
demonstrate knowledge of the concepts and skills related to health and safety in the workplace, as specified by appropriate government regulations.
- **125.112(c)(3)**  
know the concepts and skills that form the core knowledge of cosmetology; demonstrate knowledge of the rules and regulations established by the Texas Cosmetology Commission;
- **125.112(c)(4)(A)**  
safely use tools, materials, and equipment commonly employed in the field of cosmetology services;

**Interdisciplinary Correlations:**

This lesson, as published, correlates to the following TEKS. Any changes/alterations to the activities may result in the elimination of any or all of the TEKS listed.

**110.xx(6) - Reading/vocabulary development**

- **110.xx(6)(A)**  
...expand vocabulary through wide reading, listening, and discussing...
- **110.xx(6)(B)**  
...rely on context to determine meanings of words and phrases such as figurative language, idioms, multiple meaning of words, and technical vocabulary...

**Instructor/Trainer**

<p>References:</p> <ol style="list-style-type: none"> <li>1. Texas Cosmetology Commission Practical Exam Guide</li> <li>2. Milady's <u>Standard Textbook of Cosmetology</u></li> <li>3. Pivot Point <u>Salon Fundamentals</u></li> </ol>
<p>Instructional Aids: PPT, grading rubric, 90° manikin &amp; stand, all-purpose comb, water bottle, and wave-set</p>
<p>Materials Needed: Diskette to hold PPT</p>
<p>Equipment Needed: WebTV or projector to run PPT</p>
<p><b>Learner</b> The student will provide their 90° manikin, stand, all-purpose comb, water bottle, and wave-set</p>
<p><b>Introduction</b></p>
<p><b>Introduction (LSI Quadrant I):</b>  <b>SAY:</b> One of the very basics of hairstyling is the fingerwave. Finger waving has been around for thousands of years because it could be done with only a comb as the styling tool. We use wave-set or gel today in order to hold the style in longer. Fingerwaves can vary in size and depth. They can be brushed out when dry or left alone for a defined look.  <b>ASK:</b> How many of you have seen someone with a fingerwave in their style? (Most will raise their hands)  <b>SAY:</b> A fingerwave is nothing but the letter "C". You will alternate the C's back and forth to create the wave. You will have ridges in between the C's to define them. Keep the hair wet and use a small amount of wave-set to control the ends.</p>
<p><b>Outline</b></p>
<p><b>Outline (LSI Quadrant II):</b>  <b>Note:</b> Instructor can use the PPT slides while demonstrating each step for the students.</p> <ol style="list-style-type: none"> <li>I. Demonstrate combing the hair back in preparation for the wave. {PPT #1-3} <ol style="list-style-type: none"> <li>A. Remind students that the letter C curves at a gentle angle and is not horizontal.</li> <li>B. Demonstrate pushing the comb through all hair to the scalp.</li> <li>C. Show the difference between using the small teeth and wide teeth.</li> </ol> </li> <li>II. Demonstrate forming the first wave. {PPT #4-6} <ol style="list-style-type: none"> <li>A. Demonstrate how to measure with the comb to ensure 4" length.</li> </ol> </li> <li>III. Demonstrate the proper method for forming the first ridge. {PPT #7-8} <ol style="list-style-type: none"> <li>A. Demonstrate pushing the hair up with comb.</li> <li>B. Demonstrate squeezing the hair between your fingers to form a ridge. <ol style="list-style-type: none"> <li>1. Explain to students that the hair must be spread out and not bunched up at the corners.</li> <li>2. Point out to students that the hair must be smooth BEFORE they form their ridge.</li> </ol> </li> </ol> </li> <li>IV. Demonstrate the second wave and how to lay your finger down. {PPT #9-10} <ol style="list-style-type: none"> <li>A. Explain to students that their finger must be firm on the head or the wave will comb</li> </ol> </li> </ol>

- out.
- B. Point out to students they should not comb the letter C into the hair around their finger. By simply combing the hair, the letter C will be formed.
    - 1. Remind students that the comb must be to the scalp.
    - 2. Remind students the hair must be smooth & without splits before laying their finger down.
  - V. Demonstrate the forming of the second ridge. {PPT #11}
  - VI. Demonstrate third wave. {PPT #12}
  - VII. Demonstrate third ridge. {PPT #13}
  - VIII. Show finished wave and measure it with the comb. {PPT #14}

**Application**

**Guided Practice (LSI Quadrant III):**

Students will perform a fingerwave using the demonstration & PPT for guidelines. The instructor will reteach as necessary.

**Independent Practice (LSI Quadrant III):**

Students will practice fingerwaving their manikins independently.

**Summary**

**Review (LSI Quadrants I and IV):**

**Q:** How long have fingerwaves been used?

**A:** For thousands of years

**Q:** What letter are you trying to create in the hair?

**A:** C

**Q:** How many waves are you going to create?

**A:** Two

**Q:** How many ridges are there supposed to be in this wave pattern?

**A:** Three

**Q:** What size is the wave pattern supposed to be when completed?

**A:** 4" x 4"

**Q:** What happens if you don't hold the hair firmly?

**A:** The wave gets combed out

**Evaluation**

**Informal Assessment (LSI Quadrant III):**

The instructor should monitor student performance throughout fingerwaving practice. Provide reteaching as needed.

**Formal Assessment (LSI Quadrant III, IV):**

Using the grading rubric, fingerwaves on manikins will be graded.

**Extension/Enrichment (LSI Quadrant IV):**

Students will be able to practice this technique on customers during customer lab days. This is also an excellent setting method for students to use when creating competition styles.

# Cosmetology

Unit Subtitle: Fingerwaving



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## Prepare the hair

- Make sure hair is wet
- Add a SMALL amount of wave set or gel
- Make a horizontal parting
- Comb the hair at a 45°
- Keep the hair wet



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## Comb Placement

- Comb must be to the scalp
- Keep the comb perpendicular to the scalp
- Do NOT drag teeth across the scalp
- Avoid combing only the top layer



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## Prepare to Wave

- Lay index finger against scalp
- Finger is parallel to part
- Hold hair FIRMLY
- Use firm pressure to hold hair in place



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## Finishing the Wave

- Use firm finger pressure
- Comb must be to the scalp
- Comb hair in opposite direction
- Keep hair smooth below finger



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## Measuring

- Use all-purpose comb
- Measure wave horizontally
- Measure from open end to closed end
- Measurement should be 4" long
- Keep wave finger width



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## Ridge Formation



- Use small teeth of comb
- Place comb parallel to finger
- Push hair up towards finger



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## Ridge Formation



- Replace index finger with middle finger
- Squeeze hair between these 2 fingers
- Hold this ridge firmly when combing



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## Forming the 2<sup>nd</sup> Wave



- Squeeze ridge between fingers
- Gently lift fingers away
- Hold first wave with middle finger
- Prepare hair for wave
- Lay index finger under ridge



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## Forming the 2<sup>nd</sup> Wave



- Hold previous wave firmly
- Comb hair in opposite direction
- Comb should be to the scalp



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## Forming the 2<sup>nd</sup> Ridge



- Use small teeth of comb
- Place comb to scalp
- Hold previous wave FIRMLY
- Push hair up to finger



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## Forming the 3<sup>rd</sup> Wave



- Finger is parallel to ridge
- Hold hair FIRMLY
- Use firm finger pressure
- Comb must be to the scalp
- Comb hair in opposite direction
- Form 3<sup>rd</sup> ridge



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## Forming the 3<sup>rd</sup> Ridge



- Replace index finger with middle finger
- Squeeze hair between these 2 fingers
- Hold this ridge firmly when combing



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## Finish



- Check for wave smoothness & depth
- Check for uniform ridges
- Check for splits
- Measure horizontally to achieve 4"
- Measure vertically to achieve 4"



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**Task: Fingerwaving**

**Total Possible Points: 15**

	<b>Unacceptable</b>	<b>Beneath Expectations</b>	<b>Approaching Expectations</b>	<b>Meets Expectations</b>	<b>Exceeds Expectations</b>	<b>Comments</b>	
Criteria	1 point	2 points	3 points	4 points	5 points	Self	Instructor
Waves	Waves not apparent. No measurable size.	Two weak waves. Mostly splits or hair down at one end. Incorrect size.	Two waves. Noticeable splits. Incorrect size.	Two strong waves. Few splits/ separations. Size is close to 4" x 4".	Two deep waves. No splits/ separations. Size is 4" x 4".		
Ridges	Less than three ridges. Ridges are not apparent.	Three or less shallow ridges. Vary in size and thickness. Splits.	Three ridges. Inconsistent in size. Splits are apparent.	Three firm ridges. Size varies slightly throughout the ridges. Few splits.	Three firm ridges. All are consistent in size of 4" x 4". No splits.		
Finish	Ridges are not visible. Waves are weak with hair unevenly spread out. Wrong size.	3 or less weak ridges. Hair not spread out on waves. Wrong size.	3 weak ridges. Apparent splits/ separations. Wrong size.	3 complete ridges. Few splits or separations. Slightly off size.	3 firm ridges. No splits or separations. 4" x 4"		
Grade Conversion scale: A= 15-13 pts. C= 5-8 pts. B= 12-9 pts. D= 3-4 pts.					Total Points:		